



Tilt Table Test

What is it?

The tilt table test is a diagnostic procedure used for the evaluation and management of a common type of syncope referred to as "Vasodepressor Syncope" (syncope is a medical term that is used to describe "passing out").

What do I do?

- If your test is scheduled before 2 pm, do not eat or drink anything after midnight.
- If your test is scheduled after 2 pm, do not eat or drink anything after 8 am.
- Take your morning pills with sips of water only.

What will happen?

We obtain a brief history emphasizing current symptoms and pertinent family history.

An intravenous catheter (IV) will be started for fluids and medications. You will lie flat on a table with your feet positioned against a footboard. The table will be put in an upright position 1 or 2 times during the test. There will be no other movement of the table. The first part of the test is done without medication. If that part is normal, a medication is given which will make you feel like your heart is racing and the test will be repeated as before.

How long does it take?

The test will take approximately one hour.

Your doctor has just referred you to a MidOhio Cardiology and Vascular specialist for a test. Immediately, all sorts of questions come to mind. Will I experience discomfort? How long will the test take? These questions and others are natural. Please click on the appropriate procedure to understand how to prepare and what to expect when you arrive on test day. Remember that you should consult your physician. The following information does not replace a physician's instruction.